



*49er • 49erFX • Nacra 17*

# **2022 WORLD CHAMPIONSHIPS**

*NOVA SCOTIA, CANADA*

**Team Information Package  
Hubbards, Nova Scotia**

## **Team Information**

### **Official Site Opening - August 15, 2022**

#### **Event Site Location**

20 Yacht Club, Hubbards, Nova Scotia, Canada

#### **Emergency Contacts**

**Emergency: 911**

General Manager (Angela Chisholm): (902) 225-8295

Non-Emergency – Halifax Regional Police: (902) 490-5020

Ambulance: 1-888-346-9999

Nurse: 811

#### **Fuel Station Hours\***

August 15	12:00 – 4:00
August 16 – 18	10:00 – 4:00
August 19 – 21	09:00 – 05:00
August 22 – 29	10:00 – 4:00
August 30 – September 5	09:00 – 05:00

\*Coach Boats: Morning

\*Officials/RC: Afternoon

#### **Fueling Location**



### **Boat Park**

Boat Park is arranged by country  
Refer to Boat Park Plan posted at [49er.org](http://49er.org) or [Nacra17.org](http://Nacra17.org)  
Worlds 2022 -> Event Program -> Boat Park Plan

### **Athlete Parking**

Located 1.6km from the Event Site - 363 Hwy 3, Hubbards, NS  
Refer to Community Map posted at [49er.org](http://49er.org) or [Nacra17.org](http://Nacra17.org)  
Worlds 2022 -> Event Program -> Community Map

Shuttles run every 15 mins from 9am - 12pm and 3pm - 6pm on  
August 18 - 21 and August 27 – September 5

We suggest Coaches drop Teams at the Main Event Site and go to the Parking Area for the Shuttle. Dates there is no Shuttle Service Available,  
Contact Angela @ 902-225-8295 for a Courtesy Shuttle Pick Up 😊

### **Water**

Water Stations will be available in the Sobeys Sailor's Lounge

### **Gym**

[GoodLife Fitness](#) - located on 3650 Hammonds Plains Road, Upper Tantallon  
(15 Minutes from Hubbards heading towards Halifax)

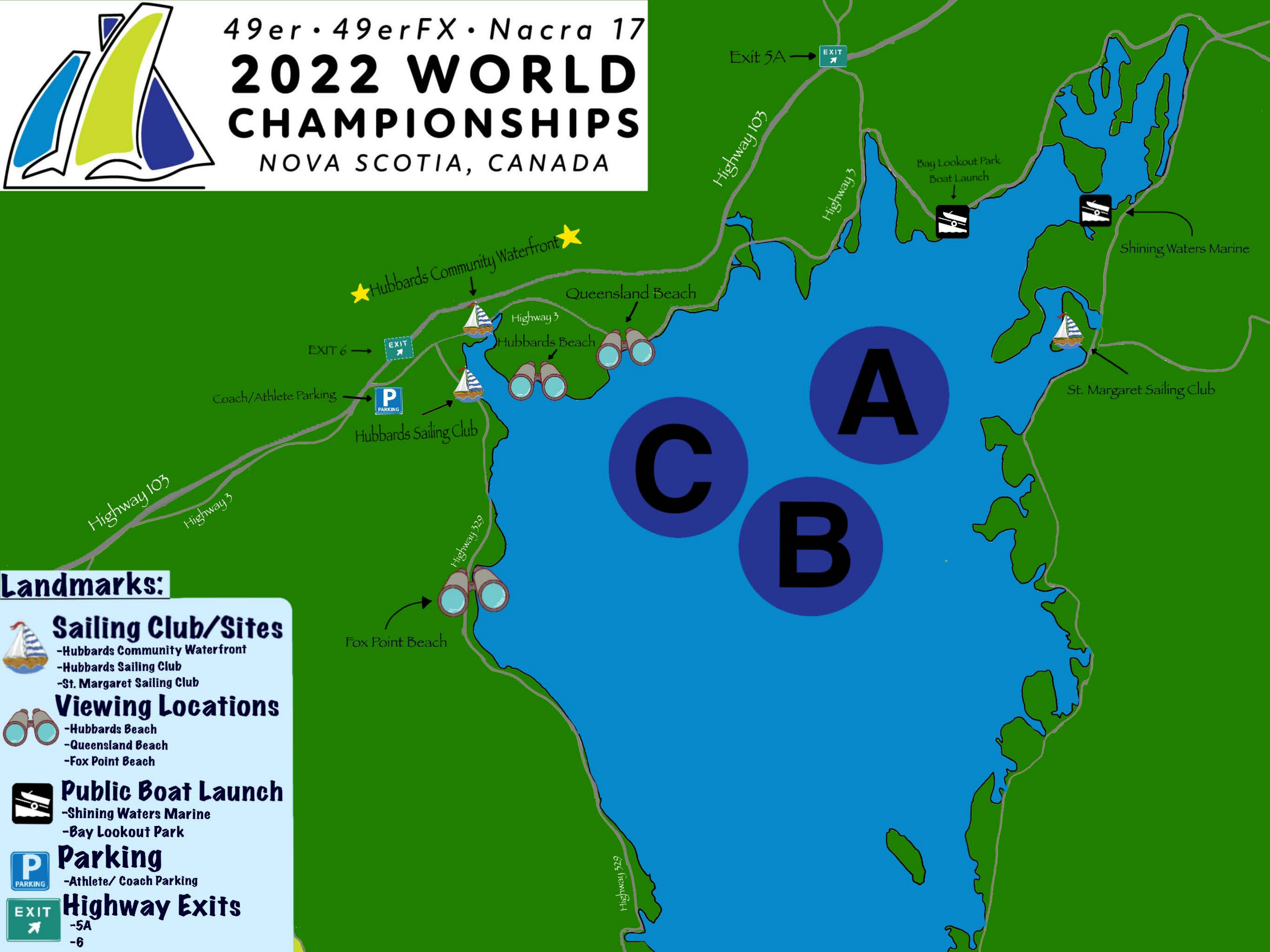




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# 2022 WORLD CHAMPIONSHIPS

NOVA SCOTIA, CANADA



## Landmarks:



### Sailing Club/Sites

- Hubbards Community Waterfront
- Hubbards Sailing Club
- St. Margaret Sailing Club



### Viewing Locations

- Hubbards Beach
- Queensland Beach
- Fox Point Beach



### Public Boat Launch

- Shining Waters Marine
- Bay Lookout Park



### Parking

- Athlete/ Coach Parking



### Highway Exits

- 5A
- 6



# Landmarks:



## Sailing Club/Sites

- Hubbards Community Waterfront
- Hubbards Sailing Club

## Parking



- Aspotogan Heritage Trust
- Anglican Church
- Athlete/Coach



## Viewing Locations:

- Hubbard Beach

## Stores

### Restaurants

- Rosa Rugosa Seaside Market
- Sheila's Too
- Shore Club
- The Savary Plate
- Trellis Cafe
- Tuna Blue



### Pharmacies

- Pharmasave



### Gas Stations

- Irving Oil



### Liquor Stores

- NSLC



### Grocery Stores

- Bell's Grocer



### Hardware Stores

- Hubbards Hardware



### Markets

- Hubbards Barn Association



### Storage Site

- Interhabs



## **Restaurants**

(See below for menus)

### **Gallants Fish and Chips**

64 Beach Road

Monday	Closed
Tuesday	11a.m. - 9p.m.
Wednesday	11a.m. - 9p.m.
Thursday	11a.m. - 9p.m.
Friday	11a.m. - 9p.m.
Saturday	11a.m. - 9p.m.
Sunday	11a.m. - 9p.m.

### **Rosa Rugosa Seaside Market**

30 Nova Scotia Trunk 3

(902) 858-2232

<https://www.rosarugosamarket.ca/>

Monday	Closed
Tuesday	Closed
Wednesday	7a.m. - 8:30p.m.
Thursday	7a.m. - 8:30p.m.
Friday	7a.m. - 8:30p.m.
Saturday	7a.m. - 8:30p.m.
Sunday	7a.m. - 3p.m.

### **Scotia Curry Indian Cuisine**

9989 St Margarets Bay Road

(902) 407-5582

<https://scotiacurry.ca/>

Monday	Closed
Tuesday	12 - 9p.m.
Wednesday	12 - 9p.m.
Thursday	12 - 9p.m.
Friday	12 - 9:30p.m.
Saturday	12 - 9:30p.m.
Sunday	12 - 6p.m.

### **Shelia's Too**

10426 St Margarets Bay Road

(902) 229-5605

<https://www.facebook.com/sheilascanteen>

Monday	11a.m. - 7p.m.
Tuesday	11a.m. - 7p.m.
Wednesday	11a.m. - 7p.m.
Thursday	11a.m. - 7p.m.
Friday	10a.m. - 7p.m.
Saturday	10a.m. - 7p.m.
Sunday	11a.m. - 7p.m.

### **Shore Club**

250 Shore Club Road

(902) 857-9555

<https://www.shoreclub.ca/>

Monday	Closed
Tuesday	Closed
Wednesday	4 - 7p.m.
Thursday	4 - 7p.m.
Friday	4 - 7p.m.
Saturday	4 - 7p.m.
Sunday	4 - 7p.m.

### **The Savary Plate**

100 Nova Scotia Trunk 3

(902) 857-1300

<https://www.facebook.com/SavaryPlate>

Monday	6:30a.m. - 3p.m.
Tuesday	6:30a.m. - 7p.m.
Wednesday	6:30a.m. - 7p.m.
Thursday	6:30a.m. - 8p.m.
Friday	6:30a.m. - 8p.m.
Saturday	6:30a.m. - 8p.m.
Sunday	6:30 a.m. - 3p.m.

### **Trellis Café**

22 Nova Scotia Trunk 3

(902) 857-1188

<https://www.trelliscafe.ca/>

Monday	8a.m. - 8p.m.
Tuesday	8a.m. - 8p.m.
Wednesday	8a.m. - 3p.m.
Thursday	8a.m. - 9p.m.
Friday	8a.m. - 9p.m.
Saturday	8a.m. - 9p.m.
Sunday	8a.m. - 3p.m.

### **Tuna Blue**

167 Shore Club Road

(902) 857-1790

<https://www.tunablue.ca/>

Monday	4 - 10p.m.
Tuesday	11a.m. - 10p.m.
Wednesday	11a.m. - 10p.m.
Thursday	11a.m. - 10p.m.
Friday	11a.m. - 10p.m.
Saturday	10:30a.m. - 10p.m.
Sunday	11a.m. - 10p.m.



## Stores

### **Bell's Independent Grocer**

100 Nova Scotia Trunk 3

(902) 857-2065

Monday	7a.m. - 8p.m.
Tuesday	7a.m. - 8p.m.
Wednesday	7a.m. - 8p.m.
Thursday	7a.m. - 8p.m.
Friday	7a.m. - 8p.m.
Saturday	7a.m. - 8p.m.
Sunday	10a.m. - 6p.m.

### **Hubbards Hardware**

100 Nova Scotia Trunk 3

(902) 857-9627

<https://www.hardwarehubbards.com/>

Monday	8a.m. - 6p.m.
Tuesday	8a.m. - 6p.m.
Wednesday	8a.m. - 6p.m.
Thursday	8a.m. - 6p.m.
Friday	8a.m. - 6p.m.
Saturday	8a.m. - 5p.m.
Sunday	10a.m. - 4p.m.

### **Irving Oil**

90 Main Street, Hubbards

(902) 857-4700

<https://www.irvingoil.com/location/irving-oil>

Monday	7a.m. - 9p.m.
Tuesday	7a.m. - 9p.m.
Wednesday	7a.m. - 9p.m.
Thursday	7a.m. - 9p.m.
Friday	7a.m. - 9p.m.
Saturday	8a.m. - 9p.m.
Sunday	9p.m. - 7p.m.

**Lucky Cab (Local Taxi Service)**  
Hubbards  
(902) 222-6213

**NSLC (Liquor Store)**  
100 Highway #3  
(902) 857-9766  
<https://www.mynslc.com/>

Monday	10a.m. - 9p.m.
Tuesday	10a.m. - 9p.m.
Wednesday	10a.m. - 9p.m.
Thursday	10a.m. - 9p.m.
Friday	10a.m. - 9p.m.
Saturday	10a.m. - 5p.m.
Sunday	12 - 5p.m.

**Pharmasave Hubbards**  
11 Highway 329  
(902) 857-1743  
<https://pharmasave.com/store/pharmasave-hubbards/>

Monday	9a.m. - 9p.m.
Tuesday	9a.m. - 9p.m.
Wednesday	9a.m. - 9p.m.
Thursday	9a.m. - 9p.m.
Friday	9a.m. - 9p.m.
Saturday	9a.m. - 5p.m.
Sunday	12 - 5p.m.

More



# **PILATES PERSONAL TRAINING**

Build Strength  
Increase Energy  
Feel Powerful

Mat Pilates with props  
Strength Training  
Resistance Training  
Interval & Cardio Training

**SHAINAFALCONEFITNESS.COM**

For more info & to book a session,  
contact: [info@shainafalconefitness.com](mailto:info@shainafalconefitness.com)

10149 St Margaret's Bay Rd  
Hubbards

# ROSA RUGOSA

## Dinner

### **Shrimp & Polenta - \$26**

Tiger Prawns, Smoked Cavicchi's Bacon, Brown Butter, Roasted Garlic, Wilted Market Greens, Seared Citrus & Herb Polenta Cake

### **Grilled Striploin - \$36**

Thinly Sliced AAA Canadian Sirloin, Chimichurri, Ciro's Ricotta Secca, Wilted Market Greens, Herb and Mushroom Wild Rice

### **Tuna Tartare - \$19**

Afashionado Blue Fin Tuna, Lemon Aioli, Fresh Herbs, Crispy Tarragon, Celeriac and Parsnip Chips, Applewood Smoked Sea Salt

### **Halloumi Bowl - \$20**

Seared Halloumi, Wilted Market Greens, Herb and Mushroom Wild Rice, Orange Segments, Tahini Citrus Drizzle, Toasted Pumpkin Seeds, Fresh Herbs

### **Seafood Chowder - \$19**

Lobster, Scallops, Haddock, Shrimp, Smokey Bacon, Potato, Cream, Fresh Herbs, Boulangerie Tea Biscuit

### **Lobster Roll - \$22**

Butter, Lemon, Herb Aioli, Fresh Herbs, Boulangerie la Vendeene Viennoise Bun, Side Salad

### **Crab Cakes - \$20**

Crab, Tiger Prawns, Basil, Lemongrass, Star Anise, Bird's Eye Chili, Fresh Herbs, Spiced Lime Aioli, Market Salad



# SCOTIA CURRY CUISINE

## MAIN COURSE

### BUTTER CHICKEN

Cooked in tomato base, butter and creamy sauce \$15.99 🌶️



### CHICKEN TIKKA MASALA

Cooked in tomato base dry curry with diced onions and peppers \$15.49 🌶️ 🌶️

### SCOTIA CHICKEN CURRY

Tomato onion base curry, medium spicy \$15.99 🌶️

### CHICKEN MADRAS CURRY

Tomato onion base curry with coconut \$16.99 🌶️ 🌶️

### CHICKEN VINDALOO

Spicy hot chicken curry in tomato onion base with coconut and potato \$16.99 🌶️ 🌶️ 🌶️

### CHICKEN KORMA

Tomato onion base curry, cooked with cream and cashew nuts \$16.99

### LAMB CURRY

Pieces of tender lamb in tomato onion base curry, medium spicy \$17.99 🌶️ 🌶️

### LAMB KORMA

Tomato onion base curry, cooked with cream and cashew nuts \$18.99

### SHRIMP CURRY

Shrimp in tomato onion base curry, medium spicy \$18.99 🌶️ 🌶️

### SHRIMP KORMA

Tomato onion base curry, cooked with cream and cashew nuts. \$18.99



### TANDOORI CHICKEN 1/2

Chicken cooked in tandoori spices, served with onion salad \$17.99

### TANDOORI CHICKEN FULL

Whole cut chicken cooked in tandoori spices, served with onion salad \$24.99

Please advise server of any allergy concerns

# SCOTIA CURRY CUISINE

## VEGETABLE CURRIES

### VEGETABLE CURRY

Tomato onion base curry \$12.99 🌶️ 🌶️

### MIXED VEGETABLE KORMA

Tomato onion base curry, cooked in cream and cashew nuts \$13.99

### CHICKPEA MASALA

Chana masala cooked in tomato onion base curry \$11.99 🌶️ 🌶️

### ALOO GOBI

Cauliflower, potatoes cooked in dry tomato onion base \$12.99 🌶️ 🌶️

### PANEER MASALA

Indian cottage cheese in tomato onion base curry with diced onions and peppers \$12.99 🌶️ 🌶️

### PANEER BUTTER MASALA

Indian cottage cheese rich & creamy curry, cooked in spices, onions, tomato, and butter \$14.99

### ALOO BAINGAN

Diced potatoes and eggplant simmered in a spiced onion tomato base curry \$12.99 🌶️ 🌶️

### DAL MAKHANI

Black lentils and kidney beans cooked in butter and tomato paste with Indian spice \$12.99 🌶️

### PUSHPA'S CURRY

Potato and peas cooked with Indian spices and turmeric in onion base curry \$11.99



Please advise server of any allergy concerns



# SCOTIA CURRY CUISINE

## BIRIYANI

### CHICKEN BIRIYANI

Chicken mixed with flavoured rice, serve with Raita (Indian yogurt sauce) \$18.99

### LAMB BIRIYANI

Lamb mixed with flavoured rice, serve with Raita (Indian yogurt sauce) \$19.99

### MIXED VEGETABLE BIRIYANI

Mixed vegetable and flavoured rice, serve with Raita (Indian yogurt sauce) \$14.99

### EXTRA RAITA

Made with yogurt, tomato, cucumber and red onion. pairs well with breyani \$3.50



Please advise server of any allergy concerns



# Sheila's Too

Welcome to Sheila's Chip Wagon !

Take out Menu

Call 902-229-5605

1 pce Fish & Chips \$10.25

2 pce Fish & Chips \$12.50

3 pce Fish & chips \$14.75

1 pce Fish only \$4.00

Fish Burger \$6.75

Seafood Platter \$24.00

Fish Bits \$10.25

Hamburger \$5.25

Double Hamburger \$8.50

Cheeseburger \$5.75

Double Cheeseburger \$8.75

Chicken Burger \$5.75

Hot Dog \$2.00

Cheese Dog \$2.25

Chicken Nuggets & Fries \$6.00

Loose Hamburger & Fries \$11.00

Small Fries \$3.75

Large Fries \$5.00

Mozza Sticks 6 for \$6.75

Deep fried pickles 5 for \$7.00

Gravy \$1.50

Scallops & Fries \$17.50

Scallops only \$13.25

Clams & Fries \$17.75

Clams only \$13.50

Scallop Burger \$7.75

Onion Rings \$6.75

Poutine \$7.75

Beverages \$2.25





## 1. Choose a Main Dish 2. Choose a Signature BBQ Sauce 3. Really hungry? Add a Side

All burgers & sausages are served with crunchy homemade potato chips, apple slaw and pickle.  
Gluten-free options available.

### Juicy Smoked Apple Sausage

Topped with caramelized onions • 15

### Tender Smoked Beef Brisket Burger

Topped with pickled red onion • 20

### Sweet & Smoky Pulled Pork Burger

Topped with crunchy apple slaw • 20

### Soft-Shell Tacos with Brisket, Tofu or Pork

Topped with Cilantro, pickled onions and Queso • 16

### Smoky Macaroni & Cheese

Open-flamed smoked bacon, 3 cheeses, and a blend of savoury spices • 6

Add brisket or pulled pork • 5

### Signature BBQ Sauces:

- BHD 329 Gin Sauce
- Sticky Korean
- Sweet Chili Lime
- Carolina Mustard

### Sides

- 8 oz. of fresh and crunchy apple slaw • 4
- Warm cornbread with butter and honey • 4
- The Dirty Elote: garlic butter, herbs, spices, Cajun Aioli, Parmesan and Romano • 6
- Crunchy homemade potato chips and dill pickle Aioli • 5
- 8 oz. smoked boozy beans made with BHD maple rum • 6
- Burbank and sweet potato salad • 6

### Extra Toppings • 2 each

- Sauerkraut
- Jalapeño
- Cilantro
- Pickled onions
- Queso Fresco
- Cajun Aioli
- Caramelized onions



# THE SAVARY PLATE



Wednesday is Seniors' Day

## SALADS & SIDES

Salad – Garden, Caesar or Greek

Large • 10 Small • 6

Soup 'o the Day

Bowl • 12 Cup • 7

Ask your server for today's delicious soup.

Served with homemade baguette.

Sweet Potato Fries

Crispy, sweet and delicious. Served with spicy aioli. • 6

Chips & Salsa

Hand-cut corn tortillas, fried and served with fire-roasted salsa. • 5

Onion Rings

• 5

French Fries

House or McCain Large • 6 Small • 5

Kettle-Style Chips

Crunchy seasoned homemade potato chips. • 4

Carrot Sticks & Dip

Freshly cut and served with creamy ranch dressing. • 3

Chicken Wings

A pound of breaded chicken wings. Served with your choice of sauce – hot, mild, honey garlic, sweet chili or ranch. • 15

## SANDWICHES & WRAPS

Gluten-free breads and wraps available

Clubhouse Sandwich

Classic Savary clubhouse served with fries. • 14

Western Sandwich

Smoked ham, onions and eggs on toasted bread. • 8

BLT

Always tasty bacon, lettuce and tomato sandwich. • 6

Apple Bacon Cheddar

Aged cheddar, sweet apple and smokey bacon. Served on homemade grilled baguette. • 9

Curry Roasted Veggie Wrap

Oven-roasted seasoned veggies, spinach, sour cream, coriander and lime in a tortilla and oven toasted. • 12

Quesadilla

Flour tortilla with garlic butter, two cheeses and three vegetables of your choice. Served with fries, sour cream and salsa. • 15

Donair

Donair meat cradled in a steamed greek pita with fresh tomato, onion and mozza cheese. Served with donair sauce. • 10

Chicken & Bacon Ranch Wrap

Tender shredded chicken, smokey bacon, mozza, tomato, lettuce, ranch dressing and oven toasted. • 12

Mediterranean Wrap

Spinach, tomatoes, black olives, feta, fresh garlic, red onion, chickpeas and balsamic reduction. • 13

## SAVARY FAVOURITES

☛ Breakfast served until 4 pm

Lasagna

Layers of cheese, homemade noodles, local beef and vegetables. Served with garlic bread. • 14

Noodle Bowl

Cantonese noodles and sautéed vegetables with your choice of chicken or crunchy chickpeas. Tossed in sweet chili, honey garlic or curry sauce. • 16

Fried Chicken

Three pieces of delicious southern fried chicken. Served with fries. • 15

Traditional Fish 'N Chips

Fresh & local: • 1pc–11 • 2pc–13

Traditional Poutine

Fries, cheese curds and gravy. • 11

Beef Brisket Poutine

Fries, tender beef brisket, dusted onions, sweet BBQ sauce and cheese curds. • 16

Donair Poutine

Fries, donair meat, gravy, tomato, onion, garlicky donair sauce and cheese curds. • 16

## CLASSIC & SAVARY BURGERS

Served with fries

Crispy Chicken Burger

Seasoned breaded chicken breast with mayo, tomato and lettuce. • 15

Works Burger

Quarter pound all-beef patty, red onion, tomato, lettuce, mayo, ketchup, mustard and pickle. • 12

Haddock Burger

Battered haddock, mayo, pickled vegetables and crisp romaine lettuce. • 16

Cheddar Bacon & Onion Burger

Quarter pound all-beef patty, smokey bacon, cheddar, crispy fried onions with the works. • 15

Gratto's Brisket Burger

Slow-roasted beef brisket on a garlic-toasted bun stacked with crunchy slaw, mozza, dusted onion and homemade BBQ sauce. • 18

Maple Bacon Moonshine Smash Burger

8 oz of local beef smashed with sweet onions, smokey bacon, cheddar, apple, peanut butter and maple syrup. • 22

Lumberjack Burger

Two quarter pound all-beef patties, fried egg, bacon, cheese, hollandaise, dijon, red onion, lettuce and topped with a pickle. • 19

Black Bean & Sweet Potato Burger

House-made with sweet potato, black beans and spices. Topped with aged cheddar or smoked gorgonzola. Served on a bun with greens, tomato and spicy aioli. • 15

# THE TRELLIS CAFÉ

## To Share

### Baked Brie

*topped with red onion jam and sliced  
apples, served with gluten-free  
organic crackers GF*

..... 15

### Thai Shrimp

*flash-seared and finished in a sweet  
and savory Thai garlic sauce GF*

..... 14

### Steamed Mussels

*one pound local mussels steamed  
with white wine, shallots, garlic,  
served with bread and garlic butter  
GF*

..... 16

### Seared Scallops

*pan-seared, butter basted, drizzled  
with an aged balsamic reduction GF*

..... 17

### Meze Plate

*hummus, tzatziki, kalamata olives,  
feta cheese, pita crisps*

..... 15

### Fried Brussel Sprouts

*pan seared, tossed with butter,  
walnuts and honey, topped with  
scallions, shredded parmesan and  
balsamic glaze GF*

..... 13

### Curry Fries

*Trellis House Fries served with curry  
mayo GF*

..... 10

- **V** – Vegan **GF** – Gluten Free
- **V\*** or **GF\*** – V or GF option available upon request.

# THE TRELLIS CAFÉ

## Soup

served with bread or GF crackers

### African Peanut Soup

*rich, thick and delicious V GF. .... 13*

### Seafood Chowder

*fresh haddock, shrimp, scallop,  
lobster, potato, cream, herbs GF ..... 20*

## Salads

### Orange Almond

*mixed greens, mandarins, raisins,  
sliced almonds, orange poppyseed  
vinaigrette V GF ..... 13*

### Spinach

*strawberries, asiago cheese,  
sunflower seeds, poppyseed dressing  
V\* GF ..... 14*

### Caesar

*romaine, fresh parmesan, real  
bacon, seasoned croutons, bistro  
caesar dressing GF\* ..... 14*

### Greek

*romaine, cucumbers, tomatoes, red  
onion, kalamata olives, feta, herb  
vinaigrette V\* GF ..... 14*

Add **Chicken** 5 or **Shrimp** 8

- **V** – Vegan **GF** – Gluten Free
- **V\*** or **GF\*** – V or GF option available upon request.



# THE TRELLIS CAFÉ

## Seafood served with choice of salad

### Pan-Fried Haddock

*fresh haddock fillet, dusted and pan-fried, house fries, tartar sauce (GF\*)* ..... 22.00

### Trellis Fishcakes

*three savoury salt cod and potato cakes, green tomato chow (GF\*)* ..... 19.00

### Cedar Plank Salmon

*fresh Atlantic salmon fillet, orange ginger glaze, seasoned quinoa (GF)* ..... 23.00

### Queensland Crab Cakes

*two panko-crusted queen crab cakes, house fries, chipotle aioli* ..... 28.00

## Burgers Served with house fries

### Trellis Burger

*1/2 lb maritime-raised grass-fed beef, classic works* ..... 16

### BC Burger

*1/2 lb maritime-raised grass-fed beef, bacon, cheddar, caramelized onions, chipotle aioli* ..... 18

### Lamb Burger

*1/2 lb fresh local ground lamb, tzatziki, mixed greens, curry mayo* ..... 19

### Veggie Burger

*feta style patty topped with caramelized onions, mixed greens, bombay sauce V\** ..... 17

# THE TRELLIS CAFÉ

## Entrees

### Pan-Fried Haddock

*fresh haddock fillet, dusted and pan-fried, house fries, salad, tartar sauce*

GF\* .....24

### Trellis Fishcakes

*three savoury salt cod and potato*

*cakes, salad, green tomato chow GF\** .....21

### Tortellini Alfredo

*cheese filled pasta with seared ham and mushrooms in a rich and*

*creamy alfredo sauce* .....22

### Pistachio Chicken

*inguine, sweet peppers, asparagus,*

*sliced chicken breast in a maple*

*brown butter sauce* .....23

### Cedar Plank Salmon

*fresh Atlantic salmon fillet, orange*

*ginger glaze, seasoned quinoa, salad*

GF .....25

### Massaman Coconut Curry

*sweet potato, chickpeas, lentils,*

*raisins, apple, quinoa, cashews,*

*green onion V GF* .....19

### Jagerschnitzel

*panko breaded chicken breast cutlet,*

*potato, spinach, mushroom, bacon,*

*cream* .....25

### New York Strip

*10oz hand-cut AAA steak, flame*

*grilled to perfection, house fries,*

*chipotle aioli, salad GF* .....36

- V – Vegan GF – Gluten Free
- V\* or GF\* – V or GF option available upon request.

# THE TRELIS CAFÉ

## Side Orders

Fishcake  
.....8

House Fries  
.....7

Sliced Tomato  
.....4

Green Tomato Chow  
.....3

Housemade Mayo, Aioli & Sauces  
.....2



# THE TUNA BLUE

Restaurant | Inn | Marina | Beergarden | Events

## Starters & Shareables

### Scallops wrapped in bacon

Digby scallops wrapped in bacon served with a roasted red pepper aioli

*\$17*

### Seafood Chowder

a combination of haddock, lobster, shrimp and scallops in a creamy broth served with homemade tea biscuit

*\$14*

### Fried Pepperoni

a generous portion of Brothers pepperoni, sliced and served crispy and tender with honey mustard for dipping

*\$12*

### Chicken Wings

a lb. of wings served with your choice of hot sauce, BBQ sauce or honey mustard

*\$17*

### Basket of Fries

a basket of crispy fries served with curry mayo

*\$9*

### Tuna Blue House Chippers

our homemade chips tossed in our chefs secret spice topped with cheese, green onion and bacon, served with tzatziki sauce

*\$15*

## Main Courses

### Traditional Club Wrap

sliced chicken, crispy bacon, tomato, cheddar cheese, lettuce and mayo rolled in a tortilla served with fries

*\$18*

### Tuna Blue Burger

burger served with lettuce, tomato, onions, ketchup, mustard, relish on a fresh bun served with fries (Veggie Burger available)

*\$17*

### Lobster Roll

fresh local lobster combined with mayo, diced celery and a splash of lemon juice served on a toasted bun served with fries

*\$24*

### Fish and Chips

Fresh beer battered haddock served with fries

### Fish Tacos

four haddock tacos served grilled or battered served on coleslaw and chimichurri sauce on corn tortillas

*\$18*

### Beyond Meat Burger

A beyond meat patty served with lettuce, tomato, onion, ketchup, mustard and relish on a fresh bun, served with fries and coleslaw

*\$17*

## Kids Meals

### Chicken Tenders

Crispy chicken tenders and fries

*\$12*